

BRAXTON COUNTY MIDDLE AND HIGH SCHOOLS BREAKFAST
AND LUNCH MENUS : NOVEMBER, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Skillet Fritta w/Egg, Cheese and Turkey Sausage and Toast	2 Omelet with Cheese and English Muffins	3 Cook's Choice
<i>All Breakfast includes: Asst. Cereal, Fruit, Juice, Milk</i> <i>All lunches include: Milk Choices and Water</i> This institution is an equal opportunity provider		Mini Meatball Sub (HKR-132), Ranch Potato Wedges, Seasoned Peas, Frozen Strawberry Cup and Garden Bar	Oven Fried Chicken, Scalloped Potatoes, Steamed Broccoli, Orange Wedges, WW Biscuit, and Garden Bar	BBQ Pork Rib Sandwich on WW Bun, Pinto Beans w/diced onions, Corn, Mandarin Oranges, and Garden Bar
6 Mini Bagels	7 Cinnamon Pull Apart and Yogurt	8 Sausage, Egg and Biscuit	9 French Toast Sticks	10
Pepperoni Roll, Mac and Cheese, Steamed Broccoli, Fruit Cocktail, and Garden Bar	Chicken Quesadilla, Tortilla Chips, Black Bean and Corn Salsa, Refried Beans, Pineapples, and Garden Bar	Salisbury Steak Mashed Potatoes w/Gravy Orange Glazed Carrots, Peaches, WW Roll , and Garden B	Sloppy Joe (HKR-123), Pinto Beans w/Diced Onions, Corn, Mandarin Oranges, and Garden Bar	Holiday
13 Egg and Cheese Omelet, Canadian Bacon, English Muffin	14 Breakfast Pizza	15 Cook's Choice	16 Skillet Fritta w/Egg, Cheese and Turkey Sausage and Toast	17 Sausage Biscuit
Corn Dog, Tator Tots, Green Beans, Snickerdoodle, Fruit Cocktail, and Garden Bar	BBQ Beef on WW Bun, Cole Slaw, Baked Beans, Applesauce, and Garden Bar	Thanksgiving Dinner Turkey, Stuffing (B-06), Mashed Potatoes w/Gravy, Orange Glazed Carrots, Cook's Choice Dessert, WW Roll, Peaches, and Garden Bar	Taco Soup, Tortilla Chips (Doritos), Tomato Salsa, Steamed Broccoli, Yogurt, Strawberries or Blueberries, and Garden Bar	Meat Loaf Potatoes Au Gratin, Corn, WW Roll, Pears, and Garden Bar
20	21	22	23	24
Holiday Break				
27 Breakfast Pizza	28 Mini Waffles	29 Sausage Biscuit	30 Pancakes	
Pepperoni Roll, Mac and Cheese, Carrots and Peas, Peaches, and Garden Bar	Lasagna (HK 40), Green Beans, Bread Stick, Applesauce, and Garden Bar	Chili w/Beans, Toasted Cheese Sandwich, Pineapples, and Garden Bar	Pizzaburger on Roll (USDA F-04), Steamed Broccoli, Fruit Cocktail, and Garden Bar	